

Carolina Country

September 1976





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Carolina Country

Read Monthly in More than
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Vol. 8 No. 9 September, 1976

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COVER—These colorful cloggers were photographed in the midst of a performance at a program in Asheville by an Asheville Chamber of Commerce photographer. Our thanks to the chamber for the use of the photo. Clogging is but one of the many styles of square dancing which are gaining in popularity across North Carolina. For details, see "Hoedown 1976," Pages 8-9.

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Editorial

The Summer Primary

Whether or not you found your favorite candidates among the winners following North Carolina's first August primary election, most Tar Heel voters could be counted among the losers.

That's because most of the state's registered voters chose to have no voice in the outcome of that election: less than 40 per cent actually participated in the ballot-box decisions. This means a minority of the voters chose the nominees for major statewide offices. And when no clearcut choice emerged, this minority exerted a powerful influence by narrowing the field for the subsequent runoff elections—which traditionally attract poor turnouts.

It's easy to see now why many of the candidates for statewide offices have been claiming for months that no political campaign can stir a great deal of interest among the voters when they're engaged in their usual summertime pursuits.

Alex Brock, executive secretary of the State Board of Elections, had predicted just such an outcome last year when the General Assembly was weighing the possibilities of switching the primary from May to August. He told the legislators that voter interest cannot be kept up by "disturbing the electorate's two play months."

The legislature made the switch partly in the interest of separating the primary from the March presidential preference primary as much as possible. The change was also expected to shorten the campaigns and, in the process, reduce their cost. Only the first of these goals was achieved, for the candidates in statewide races spent as much as ever, perhaps more. The experiment has obviously failed.

For our part, we hope the 1977 General Assembly will acknowledge that failure and take steps to eliminate the August primary.

When should the primary be held?

We'd be pleased to see a return to the May primary. Yet, we also see some merit in the idea of a post-Labor Day primary. There are problems involved in this option, primarily those related to the preparation of ballots for statewide offices and Congress. Because of the almost-inevitable runoffs, Brock says this kind of timetable doesn't allow enough time for the Board of Elections to get ballots printed and in the hands of the county election boards within 30 days of the general election, as is now required by law.

These difficulties could be overcome, possibly through use of the state board's current authority to require some or all counties to print their own ballots.

Whichever course might be chosen to eliminate the summertime primary, some serious thought should be given to reviving the Saturday election. Such a move would involve some trade-offs: instead of competing with work schedules, the elections would compete with the weekend outings—and in bright, beautiful weather, that would be stiff competition indeed. Still, we think there is much to recommend Saturday as a day for casting ballots.

Chances are many North Carolinians will always find reasons to stay away from the polls during primary elections, whenever they might be held. But the convenient timing of those elections can provide an important element of inspiration for the performance of civic duty.





rural electric Notebook

N.C. SITE PROPOSED FOR WINDMILL

A site between Boone and Grandfather Mountain is being considered by federal authorities as a suitable location for an experimental power-generating windmill. It is one of 65 potential sites under consideration in a program which calls for the federal government to build four wind-power electrical generating systems during the next two and a half years.

The North Carolina site was nominated by Blue Ridge EMC, which serves the area. It was submitted because records show the site has a consistently high wind level.

Ronn Knouse of Blue Ridge said the windmill would be built into the EMC's system, but "we're not looking at it as an additional generating source at this point; we're cooperating with the Energy Research and Development Administration in their research efforts."

The first windmills, to be installed during 1977, will be designed to generate between 125 and 200 kilowatts of electricity in winds of about 20 m.p.h. One hundred kilowatts of power is sufficient to supply power for 25 to 30 homes. The other two windmills, slated for installation in 1978-79, would be the largest

ever built -- with a blade span of 200 feet and a capability of generating 1,500 kilowatts of power.

POWER USE RISES

EMC residential consumers in North Carolina used an average of 754 KWH of power each month during 1975, according to figures compiled by the Rural Electrification Administration. The usage rate represented an increase from the 729 KWH average recorded for 1974. Nationally, the monthly average for rural electric residential use of electricity totaled 840 KWH, a rise of 37 KWH from 1974.

COURT DECISION HELPS CO-OPS

A recent decision by the U.S. Supreme Court should improve the position of rural electric cooperatives in their battles to hold down the cost of wholesale power which is purchased from the private power firms. The ruling said the Federal Power Commission must give consideration to the "price squeeze" in wholesale rate cases. In many situations, the price squeeze is the dilemma facing co-ops and other utilities when the FPC sets whole rates that are equal to or higher than the retail rates allowed by a state's public service commission.



These Rural Americans age 40 to 80 can now get the National Rural Electric Cooperative Association's **APPROVED RE GROUP LIFE PLAN** for only \$6.95 a month!

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Robert D. Partridge

Robert D. Partridge
Executive Vice President

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A private, non-profit Christian ministry serving troubled youths from Piedmont North Carolina has launched a special self-help project designed to reduce its financial dependence on public support and to provide work therapy for those young people.

The ministry, known as Youth Unlimited, Inc., was organized eight years ago to assist the hard-core juvenile delinquent, the deeply disturbed individual and the youngster who cannot relate to the programs of other youth agencies.

It operates under the leadership of Tom Watson, executive director, a former newspaperman and Methodist minister now on special assignment to Youth Unlimited.

Headquarters for the entire program is "God's Farm," a 193-acre farm situated a few miles south of High Point in northern Randolph County.

The Youth Unlimited program encompasses a wide range of activities including: counselling for individuals and families, worship and Bible study projects, jail visitations, monthly retreats to deal with personal problems, recreation and sponsorship of a two-week summer day camp for underprivileged children.

Its communications ministries program offers a series of publications on youth problems and Christian growth, a weekly newspaper column, a contemporary musical group called Tamarah which performs throughout the Southeast, and production of the "Lovelight Salvation Show," a five-minute daily radio program which is broadcast by 50 stations around the country.

The non-profit youth program also includes Exodus House, a rehabilitation home for delinquent boys who are referred to the facility by the courts.

Until last fall, all of these activities were financed through

contributions from concerned citizens, with some support from the state, the City of High Point and the High Point United Fund. And the program has seen some lean times.

"Sometimes it gets a little hairy when you're out of money and you're not sure where or when the next dollar is coming in," said Watson. "Often, my faith was really given a chance to grow."

Almost since the beginning of Youth Unlimited, Watson has seen a need for some kind of project which would give the program's young people the discipline of work responsibilities and also produce revenues to help support the ministry.

A serious effort along these lines was launched last year with the help of Bob Timberlake of Lexington, a noted artist who has gained a national reputation for his realist paintings.

The Youth Unlimited staff and its 20-member Board of Directors were thinking of producing some sort of decoupage plaques when one of the directors received a postcard reproduction of one of Timberlake's well-known works.

That postcard inspired the idea for a series of postcard-size reproductions of Timberlake paintings which would be framed in barn wood. The artist liked the idea and authorized the use of 16 of his paintings for this mini-prints project.

"We were tremendously excited about the project at the point," Watson recalled, "but we still had some serious problems to overcome—primarily having no money for the printing of the prints, for framing materials or for equipment. We also knew very little about framing and had no place for our people to work on the project."

All these problems were eventually solved through the combined efforts of various High Point citizens.

The framing operation began in the basement at the home of a friend to the program, but was later moved to a vacant dwelling which was made available rent-free.

The initial sales efforts for the mini-prints proved quite successful. The High Point Arts Council provided exhibition space at the opening of its new theatre and exhibition facility last October and the entire showing of samples was sold. Then the Southern Furniture Market Center gave the program exhibition space in the center during the fall furniture market. More than 300 pictures were sold during the market.

"By Christmas, we had shipped more than 750 pictures all over the Eastern United States," said Watson. "The kids were working almost around the clock to meet the orders. It was almost unbelievable when you think of the commitment made by a bunch of kids who used to be on drugs or in trouble with the law. They really wanted to see this project succeed."

This early success and the commitment of the young people to the project had a snowball effect, inspiring still more assistance and contributions from the community. And as word spread of the project, demand for the mini-prints grew.

By January of this year, one young man was employed to manage the framing operation and one full-time framer has been added to the staff since then. Still, most of the work is performed by volunteers from Youth Unlimited's various programs.

"We could never have made this much progress without a lot of help. Of course, we could never have gotten started without Bob Timberlake's cooperation. He's been just great. And as awareness grows of his tremendous talent, the demand for our mini-prints will also grow."

Watson is pleased at the prospect of revenues from the mini-prints for use in expanding the Youth Unlimited ministry, but he is happiest about the learning experience being provided for the young people in the program.

"These kids are learning about running a business and the problems associated with it. It's a priceless experience for them. And it gives us all joy to look back and see the hard work that the Lord has blessed."

—Owen Bishop

Framed Mini-Prints

A Self-Help Project For Troubled Youths



Lexington artist Bob Timberlake, seated, and Ken Helser, director of communications for Youth Unlimited, with some of the children from Camp Koolee Yakka. The summer camp for inter-city children is sponsored by the youth ministry at "God's Farm," a 193-acre farm which is served by Randolph Electric Membership Corporation, Asheboro.



Gerard Hunter assembles frame in Youth Unlimited frame shop.

OLD WOOD NEEDED

The Youth Unlimited mini-prints project is in dire need of old weathered wood to use for frames.

"We believe this project is making an important contribution to our Christian ministry, but we must have this old wood to keep it going," said Tom Watson, the program's executive director.

"This isn't something you can go into a store and buy at will, you know, and we'll take any kind of wood we can get."

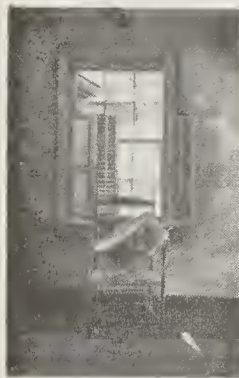
If you wish to donate a quantity of such wood to the project, write to Watson at Youth Unlimited, Inc., P.O. Box 485, High Point, N.C. 28261.



Skip Marsden, right, director of local ministries for Youth Unlimited, and a resident of Exodus House, left, tear down an old barn in Eastern Guilford County in a quest for frame wood.



No. 1—"Studio"



No. 2—"My Yankee Drum"



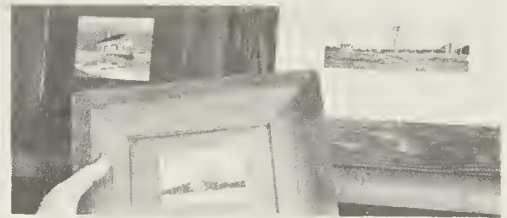
No. 3—"My Other World"



No. 4—"Rowboat"

Timberlake Prints

Get these full-color miniature prints of well-known paintings by the noted North Carolina artist Bob Timberlake.



These special edition prints are available only through Youth Unlimited in High Point, a private non-profit Christian ministry for troubled youths and their parents. They are framed by young people at God's Farm in Randolph County, an extension of Youth Unlimited. Proceeds from the project are used to strengthen and expand the outreach of this youth organization.

Each print is matted under glass and framed with weathered wood, ready to hang. Three sizes are available.

"Studio" in a 12x16 inch frame, \$14.

"My Yankee Drum" in a 10½x8½ inch frame, \$10.

"My Other World" in a 10½x8½ inch frame, \$10.

"Rowboat" in a 10½x12 inch frame, \$11.

"My Yankee Drum" and "Rowboat" together in a 12x16 inch frame, \$14.

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No. 1 — "Studio" — \$14

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These two dancers cut the mustard at the "Rebel Roundup" in Fontana Village, Fontana Dam, N.C., located at the southern edge of the Great Smokey Mountains National Park.

By Peggy Payne

"A lady doesn't like to catch hold of a sweaty hairy arm," explained square dance caller Tex Brownlee. That's why those pearl-bottomed shirts have long sleeves.

The embroidered towels worn on a hook at the wrist are aimed at taking care of the same problem. When the music starts, the people in all those fancy clothes exert. The Western square dancers don't dress up to stand still.

HOEDOWN

And there is many a dance hall full of people in North Carolina now who won't stand still for a banjo tune. The forms range from the nationally standardized Western square dancing to the steps that came from the Appalachian mountains.

Mack Pipkin, a Raleigh caller, says there are more than 100 Western square dance clubs in the state now, most dancing once a week.

He said there are six clubs in Raleigh, 16 in Charlotte, three in Asheville, one in Belmont, Butner, Canton, and Cary.

There is a state organization, the Folk and Square Dance Federation of North Carolina that meets quarterly. And the Federation has a magazine called *Promenade*.

The Western style is the same across the country. And it is growing nationally. And North Carolina is an active square dance state, Pipkin said.

The dance now has about 50 basic steps and about 1,500 other calls. To learn it thoroughly takes months. And good dances generally continue with their workshops and learning.

It is a very complex dance. The organizing and standardizing is underway after World War II. But

has been alive since early pioneer days. There was square dancing after corn huskings and quilting bees, or at gatherings held just to dance. Kitchens or barns were used for early square dances. Sometimes there was a fiddle playing. But in the furthest reaches of the frontier, sometimes there was only the clapping of hands.

The rural areas carried on the form as the country grew. In the thirties it began to attract more

1976

general attraction. Henry Ford promoted it, and two big fairs, the New York World's Fair in 1940 and the Golden Gate Exposition in San Francisco helped to build interest.

During the war, soldiers in USO's danced. Square dancing began to travel. Now there are clubs almost everywhere.

Pipkin said most of the dancers dress Western for meetings. That means colors, ruffles, sequins, glitter, and embroidery. With their long-sleeved Western shirts, men wear knotted scarves or string or "Little Colonel" bow ties.

Women wearissy pants with lace trimmings—meant for showing—beneath huge crinolines and bright full-skirted dresses.

The caller's job is no simple task. Pipkin said he learned from attending callers' clinics and from manuals. "It takes a tremendous amount of practice," he said. "You're giving directions to the dancers in time to the music. You've got to give them enough time but not too much."

Callers sometimes become so well-known that they are booked years in advance. Festivals and dance resorts advertise them by name. They are frequently professional with a lot of voice

training. And many of them have followings.

Sometimes the caller uses a singing call which has a planned sequence. Sometimes he talks a patter call, making it up as the music moves him along.

That takes some concentrating for the dancers as well as the caller. That's why some of them, in the midst of all that color and music, are frowning. They're counting. That's also why drinking and square dancing don't usually mix. The dancers try to keep their wits and balance in the best condition.

Not all the dancing here is the national style. And it's not all quite that complicated.

Relative isolation until a few generations ago allowed the development of a form of square dancing that is distinctive in the Appalachians. A lot of the original tunes have been lost. But "ministrel of the Appalachians" Bascom Lamar Lunsford and an English researcher Cecil Sharpe have helped to keep knowledge of the Appalachian square dance alive.

It's a great deal simpler than the Western form. The original dance was done in sets of two couples in a small square. But this has modified to a circle dance, with the caller in the middle and any number taking part.

Clogging is a dance that is harder to describe. It's something on the order of country-western tap dancing. A shuffle of the toe and a step-toe-step is a very rudimentary description of the basic movement. It is executed at top speed. It all sets up a mighty clatter of tap-stomping, and it's great fun to watch.

A lot of interest and teaching has been within families. And schools in the mountains often have clogging teams. Clogging can also usually be seen at the State Fair.

Smooth dancing is another form. The routines are a little different from clogging, involving more shuffling than tapping.

People who square dance frequently go in for a bit of round dancing. This is ballroom dancing done in unison with couples following the direction of a caller. It is slow and graceful.

But the most popular American folk dance is generally considered to be the square dance.

There are plenty of places to find the strains of dance music. A well-known dance resort is in the North Carolina mountains—Fontana Village where Tex Brownlee is caller. Located on the southern edge of the Great Smokies National Park, it offers a schedule of dance festivals for the seasoned dancer and some mountain dancing for beginners.

Rainbow Lake Lodge in Brevard offers Western square dancing and round dancing as well as a "callers' college."

The people who go to a week-long workshop are usually pretty serious about dancing. At a "Rebel Roundup" at Fontana, there were dancers who had covered miles of country and smooth floors in their dancing. That event lasted a week, with dancers piling out in the morning for workshops, coming back at night dressed for some serious dancing.

They're not only wearing the Western garb. Many of them also have square dance stickers on their bumpers. They've spent months learning the basics, and from the looks of them, hours getting ready for the dance.

There are also annual occasions such as the Mountain Dance and Folk Festival in Asheville. It's held the first Thursday, Friday and Saturday in August. The 1976 festival was the 49th.

All of the dances, circles or squares, heel-hammering or smooth, are good entertainment, even if you want to sit still and watch. But there's no need to stay on the sidelines.

The music is playing across the state. And there's still plenty of room on the floor!

People

Frederick R. Keith of Lumberton has been appointed to the N.C. Rural Electrification Authority by Gov. Jim Holshouser. His term expires in June, 1979. Keith, a Wilmington native, is president of Keith Realty Co. and Keith Farm Co., both in St. Pauls. He is a former mayor of St. Pauls.



Dr. Rachel Davis of Kinston has been selected as one of eight 4-H alumni recognition winners across the nation for 1976. She was selected for her leadership, public service and support of the 4-H program.

Names You Know

Kathy McMillan of Raeford, the track standout who set a U.S. women's long jump record last April, captured a silver medal during the Summer Olympics in Montreal.

Her jump of 21 feet, 10 1/4 inches was second only to the leap of 22 feet, 1/2 inch by East German's Angela Voight. Kathy, who had jumped 23 feet, 3 inches in the Olympic Trials, was the subject of a feature in the August issue of *Carolina Country*.

Durham artist **Nancy Tuttle May** has been awarded an \$11,000 grant by the N.C. Arts Council and the Department of Community Colleges to serve as artist-in-residence at Pamlico Community College during the 1976-77 academic year. Ms. May specializes in watercolor paintings, primarily of seascapes and sand dunes. One of her works appeared on the cover of *Carolina Country* in May, 1975.

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Sallie Lee Malmo, daughter of Mr. and Mrs. G.M. Malmo of Mt. Airy, has been named winner of a bicentennial essay contest sponsored by the N.C. Oil Jobbers Association. The first place award was a cash prize of \$1,000. **Gary Paylor Spruill** of Warrenton was first runner-up and **Diane Naomi Hall** of Lillington was second runner-up. All are high school students.

Two Raleigh men have been given superior service awards from the U.S. Department of Agriculture. They are **Dr. Donald E. Moreland**, of the Agricultural Research Service and **Bertie A. Parker** of the

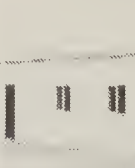


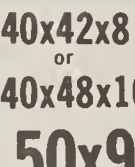
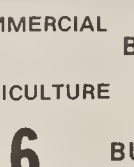
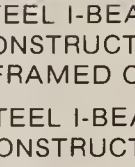


Farmers Home Administration. Dr. Moreland was honored for his research on herbicides and Parker was cited for directing a highly successful business and industry loan program.

Dr. William E. Plummer, a Wayne County veterinarian, has been elected president of the N.C. Veterinary Medical Association. The association has also honored **Dr. Woodrow W. Harkins**, livestock inspector for the N.C. Department of Agriculture, for his work in animal disease control. Dr. Harkins received the organization's distinguished veterinarian plaque.

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Country Kitchen

SQUASH PICKLES

Picked fresh from the summer garden, squash can be saved to relish all through the year.

Following Rebecca Draughn's recipe for "Squash Pickles" seems a sure way of preserving a little of that summer sunshine for cloudier days. And, right now during the squash season, you should have easy pickin's for a pickle you'll enjoy months later.

If you would like to share a recipe with this column, send it to: Country Kitchen, P.O. Box 27306, Raleigh, N.C. 27611. We pay \$5 for published recipes.



COUNTRY KITCHEN RECIPE

Submitted by Rebecca S. Draughn of Cameron, N.C.

SQUASH PICKLES

4 qt. squash
2 qt. onions
1/2 c salt
5 c sugar

5 c vinegar
1 1/2 tsp. Turmeric
1 tsp. celery seed
2 qt. cracked ice

Mix sliced squash and onions; sprinkle with salt. Cover with ice. Soak 3 hours. Drain and rinse with cold water. Place in kettle, add remaining ingredients. Bring to a boil, stirring often. Place in sterilized canning jars and seal at once.

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(Also available at your local EMC office.)

Franklin County Woman Head

By Harry Ethridge

Anyone ever associated with farming will tell you it's hard work.

Farming involves manual labor and has often been characterized as a sun-up to sun-down job that many times stretches out to seven days a week.

The image most often associated with a farmer is that of a physically strong man who has an instinct for gambling—gambling that unpredictable weather may not wipe out in a matter of hours everything he has tried to do for an entire growing season.

Even in an age of labor-saving machines to do a variety of farm operations, you'll have a tough time convincing most farm people that hard work doesn't play a major role in what they accomplish.

Meet Patricia Stainback Hart of Franklin County. For the record, she is a pretty, five-foot, 120-pound 31-year-old woman who says candidly farming is a question of "mind over matter," at least for her.

To understand Patricia, you also have to understand that she is the first woman in 24 years ever selected to attend North Carolina State University's "Modern Farming Short Course."

This program is open to a select few people across North Carolina who have demonstrated a major interest in agri-business or who plan to farm. They are awarded scholarships to attend the NCSU school by the North Carolina Bankers Association.

The students get a taste of the very latest farming techniques during their two-week stay on the NCSU campus and come into contact with such subjects as producer marketing, economics, farm records, farm credit and pesticide use.

Raised on her 136-acre farm in Franklin County, Patricia became knowledgeable about farm work, often hiring herself as a laborer to other farmers.

As time passed, however, she married and moved away. She and her husband had a son, Patrick, now 13, and Patricia helped support the family by taking an office job after three months' training in a business college. Her parents continued to operate the farm until both passed away.

Last year, after her mother died, Patricia was forced to make a decision. She and her brothers inherited the farm, but her two brothers had other professional careers and showed no interest. Her husband, Tommy, was well along in his career with Western Electric in Raleigh.

Patricia's decision was based on her determination "to get things done the best way I know how."

In short, she took over operation of the farm with the encouragement of her husband and son, but with little physical help.

Today, she is planting and harvesting tobacco, grain, cucumbers and sweet potatoes and doing very well, thank you.

And if you don't think she is serious about what she is doing, consider the fact she has pumped "between \$75,000 and \$100,000" into revitalizing her operation over the past year.

She doesn't mince words when it comes to her occupation. "There is no doubt I've got physical limitations," she says, and in the same breath, she'll tell you that you need a "sledge hammer and a strong back" sometimes just to keep pace with farm chores. On the other hand, she'll tell you she has physically baled hay and is adept at handling such machines as a tractor-pulled rotary scythe.

She'll also tell you that you may not have to work out in the field in such weather as sleet and snow, "if you're lucky."

Farm Women

By Bill Humphries

RALEIGH—"What you farmers need to do is raise less corn and more hell."

That statement was repeated in no less than 160 speeches during the 1890 political campaign by one of America's leading women in agriculture.

The speaker, known as "Patric Henry in Petticoats," was Mar Elizabeth Lease, a Kansas mother of four who was active in the Farmer's Alliance movement to improve the economic lot of the nation's farm families.

Vivian Wiser of the Economic Research Service, U. S. Department of Agriculture, says women have played an important role in the agricultural development of America over three and a half centuries.

It was in 1619 that a "brides' ship" brought a select group of young women "of good character" from England to the Virginia colony. They became the wives of men who paid 120 pounds of tobacco each to cover the cost of their passage across the Atlantic. All were soon married.

or the Fields

Patricia's honest about another thing. She still has plenty to learn. But, she says, "I consider N. C. State University and the County Extension Agent my right arm." She says, in fact, that nobody should have to guess about farming with the help available from NCSU.

She admits farm experts are being "understanding and patient" with her. For example, more than once she has entered a farm supply store to buy fertilizer and asked for recommendations. The clerk told her: "Tell your husband, I recommend this." She only smiles.

There may be some people who consider Patricia Hart a women's libber. She dispels that theory in a minute. "I am an American," she says, "and that gives me the right to choose what I want to do.

"Some people said I was crazy to take over the farm—that I'd never make it, but Columbus wouldn't have got here if he hadn't tried."



Patricia Hart: "Some people said I was crazy..."

. . from 1619 brides to partners in agribusiness

During the colonial period and later, women labored in the fields, alongside the men, and some headed large households. One of the latter was Eliza Lucas Pinckney, credited with starting the indigo industry in South Carolina.

At the time of the Revolutionary War, 90 per cent of the people of the new nation lived on farms.

In times of war, when men were away in service, women shifted from wheat, corn and other grains to crops that required less heavy work and from very fat to lighter weight animals.

During the Civil War, women took over running mowers, reapers, rakes, drills and even plows. They also cared for livestock, milked cows, made butter and cheese.

The inauguration of extension work in agriculture and home economics, in the early 1900s, enabled rural women to improve their homemaking skills, broaden their horizons, and become full partners with their husbands in developing scientific agriculture.

In North Carolina, while I. O. Chaub was traveling over the state

organizing boys' corn clubs, Jane S. McKimmon was equally busy forming tomato canning clubs for farm girls. She was appointed state home demonstration agent and served from 1911 to 1946, a period of 35 years.

North Carolina State University's newly opened Extension Education Center on Western Boulevard in Raleigh is named in honor of Dr. McKimmon, who died in 1957.

One writer observed that the objective of North Carolina's hundreds of home demonstration clubs was "to enable farm and rural women to make good conversation as well as good biscuits"—to be active, well-informed citizens as well as good homemakers.

Activities of the clubs ranged from instruction in better homemaking to development of community leaders, study of state and national issues, and even trips to the United Nations.

Many Tar Heel women trained in home demonstration clubs have risen to prominence in education and other fields.

Today the Agricultural Extension Service staff at NCSU includes a

corps of home economics specialists in areas ranging from foods and nutrition, clothing, and housing and house furnishings to family life and human relations.

Each county extension staff includes home economics agents who work with Extension Homemakers Clubs and other groups.

Women still work at the tobacco barn or with livestock, tend vegetable gardens, or serve as bookkeeper for the farming operation. They also serve in community, county and state leadership posts.

Some may still believe a woman's place is in the home. But on the American farm, today as always, the woman's place is wherever she is needed.

Harry Ethridge is assistant to the director of the Division of Continuing Education at North Carolina State University. Bill Humphries is food and agriculture news editor in the university's Department of Agricultural Information.

Learning about the ★AMERICAN★ System

Ashe County high school seniors are learning the basics of free enterprise while also getting an inside look at the operations of local businesses as part of a special program which was developed primarily by the leaders of those businesses.

The program, which is called "Project Free Enterprise," brings the students into direct contact with businessmen, both in the classroom and in the centers of commerce throughout the county.

The students visit retail stores, banks, manufacturing plants and cooperatives for a close-up look at these operations, according to Ted Roland, occupational education director for Ashe County Schools.

The field trips, he said, serve to augment the classroom instruction the students receive in social studies classes. At year's end, the students are required to write an evaluation of the program.

Student misunderstanding of the most basic techniques and procedures of the business world led Ashe County school officials and the business community to launch the innovative educational project.

"Our students displayed little knowledge in this area," said Roland. "In one group of 18 students, only two had any knowledge of the interest rate charged on loans. And students consistently overestimated the percentage of profit earned in business and industry."

Wanda Ham, a spray operator at the Phoenix Chair Plant in West Jefferson, demonstrates one of the steps used to apply a quality finish to a chair.



The major force behind the organization of "Project Free Enterprise," was Rocky Vaught, vice president of Western Carolina Industries, an association of businesses which provides training research and development services to its members.

In the spring of 1972, Vaught and Wayne Shepherd, who was then president of the Ashe County Chamber of Commerce, organized meetings of business leaders and county school officials to find ways of improving the students' understanding of the American economic system.

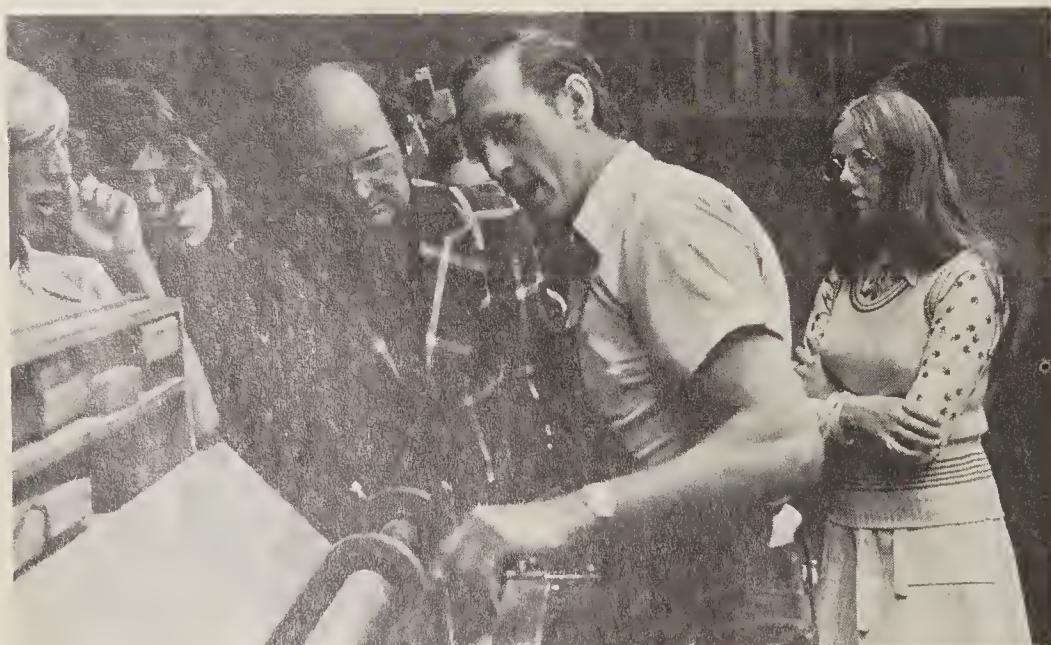
Out of these meetings came plans for the project, which was launched the following fall.

About 300 seniors have participated in the project each year since then.

Most are quite enthusiastic about it.

One young man felt the program had done little more than whet his appetite. He said, "The tours and instruction should include more detailed explanations of investments, consumer credit and other phases of business."

Another said the program had directly influenced her career plans. "I learned a great deal about the free enterprise system . . . and I saw a great need for skilled workers. After seeing these plants and jobs in Ashe County, I have decided to work one of them after I get out of school."



Phoenix Chair Plant employee Austin Miller demonstrates the operation of a lathe to teacher Jack Jarrett and students from Ashe Central High School. Phoenix Chair, a division of Thomasville Industries, is located in West Jefferson.

The rural electric program in North Carolina and across the country suffers from a chronic disorder which has afflicted the American way of life for decades—an often debilitating addiction to acronyms. They're those convenient but sometimes confusing combinations of letters which are formed from the first letters in the name of a company, organization or program.

This disorder has spread to epidemic proportions in federal government circles. The problem has become so severe, in fact, that a new publication listing the consumer services available from a single government department—Health, Education and Welfare (also known as HEW)—included information on 72 programs which are identified with acronyms.

The general public can do little to cope with this maze of abbreviated titles, except try to learn what they stand for.

This guide was assembled to help you understand some of the acronyms which are frequently used in the Tar Heel rural electric program.

Understanding the

EMC Alphabet

EMC—This is the acronym for Electric Membership Corporation, the official name for North Carolina's independent, consumer-owned rural electric cooperatives. Each of the 28 EMCs in North Carolina operates with its own board of directors elected by its members.

EMCs are often referred to as co-ops and that's exactly what they are. But, North Carolina is served by numerous co-ops, including telephone cooperatives and various farm cooperatives. So, the term "co-op" doesn't necessarily mean EMC."

REA—This is the short form for Rural Electrification Administration in Washington so this isn't the correct term for an EMC either. It has been widely used in that way—partly due to the fact that early in the 40-year-old program, most electric cooperatives identified themselves that way. Their buildings and letterheads often bore these letters. It was never a correct identification, for the federal agency had no ties with the cooperatives except as the source of low-interest loans to finance rural electrification efforts. REA continues in that same role today, as a division of the U.S. Department of Agriculture. However, the loans it provides require a much higher rate of interest

than they once did. The loans were available at 2 per cent interest until January 1, 1973. Since then they have carried a 5 per cent interest rate.

So, an "REA" is not an "EMC." Rather, REA is a sort of federal bank where EMCs borrow money.

N.C.REA—This refers to the North Carolina Rural Electrification Authority, which was established by the state legislature in 1935 to promote the formation of rural electric cooperatives and assist them in obtaining federal loans. It's the only agency of its kind in the country.

CFC—This is a short-form abbreviation for the National Rural Utilities Cooperative Finance Corporation. You might call it the rural electric cooperatives' private national bank. It was established by the electric co-ops in 1969 to provide financing from the private money market for expansion and improvements by the cooperatives. CFC loans are used to supplement REA loans. Of course, since CFC funds come from private sources, they carry a much higher interest rate than REA funds. The current rate on long-term loans is 9 per cent.

NRECA—This means National Rural Electric Cooperative

Association, the national service organization which represents about 1,000 rural electric cooperatives in the U.S. Its headquarters are in Washington.

N.C.EMC—These letters telescope their meaning. They stand for North Carolina Electric Membership Corporation, the statewide association of rural electric cooperatives. All 28 of the state's EMCs are currently members of this organization, which provides various services to its members, including educational programs for EMC employees, negotiations with private power firms for the purchase of wholesale power, governmental relations activities and public relations. N.C.EMC publishes *Carolina Country*.

The organization operates out of headquarters in Raleigh. Its activities are directed by an executive vice president, a three-member executive committee and a 56-member board of directors. The board is composed of a manager and a director from each member EMC. Members of the executive committee are elected by the N.C.EMC board from its membership at the association's annual meeting in March.

TEMA—This abbreviation refers to Tarheel Electric Membership Association, Inc. This was the first formal organization for North Carolina EMCs and it served that function from its inception in 1950 until 1972, when N.C.EMC took over that role.

N.C.EMC was originally formed to serve as the EMCs' power bargaining agent and was maintained as a separate corporation until it was merged with TEMA in 1972. However, for more than a year prior to the merger, the two organizations had the same board of directors and officers.

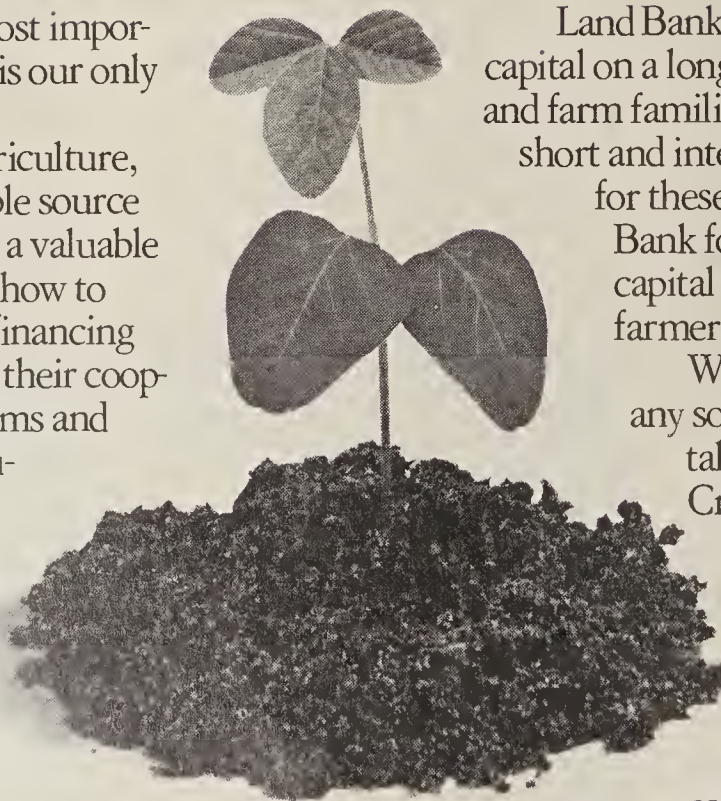
When N.C.EMC's scope was broadened to encompass all of the EMCs' statewide activities, TEMA was allowed to lay dormant. But, its corporate structure was left intact. It was reactivated in the fall of 1975 solely to operate a centralized materials supply purchasing program for the EMCs.

This "new" TEMA, which is also headquartered in Raleigh, remains a separate corporation. Its board of directors and officers are the same as those for N.C.EMC.

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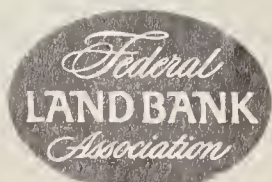


Land Bank Associations can provide capital on a long-term basis for farmers and farm families, while PCA's offer short and intermediate-term capital for these needs. The Columbia Bank for Cooperatives provides capital to meet the needs of farmer cooperatives.

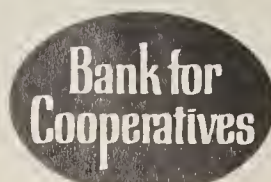
When you need capital for any sound agricultural reason, talk to the folks at Farm Credit about financing at reasonable rates.

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But don't just take our word for it—ask your neighbors!



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Graham
Greensboro
Greenville
Henderson
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commentary:

Easy Opposition

(This editorial was written by Louis Strong, general manager of Kentucky Rural Electric Cooperative Corp., the state association of electric cooperatives in Kentucky. It is reprinted from his newsletter "Capsule Comments.")

It's easy to oppose something when you don't have the responsibility for finding a satisfactory alternative. I have been puzzled for some time as to just where the environmental groups would have us get our future energy supply. In fairness, many of these groups sincerely believe we can get by without additional energy by strict conservation measures and improved efficiency. Insofar as I know, however, there is no reliable evidence or studies to support this viewpoint. So, without such evidence, this would seem to be a dangerous proposition on which to base the future of our country, especially when we do have strong evidence, backed up by reliable studies to indicate such a policy would lead us to economic ruin. Also, many of these groups believe if we would stop nuclear development and make coal generating plants sufficiently expensive and difficult to build, that American ingenuity would find a way to make solar energy practical and possible. I have just reviewed a recent issue of the Environmental Action Foundation's publication and found articles on the following:

1. The problems of nuclear safety as proclaimed by the three General Electric engineers and Nuclear Regulatory Commission staff member, including reports on strategies for blocking nuclear development.

2. A report on the strategies being used by various groups around the country to block proposed electric rate increases.

3. Reports on how efforts to obtain lifeline rates can best proceed and comments on Tennessee Congressman Clifford Allen's efforts to require electric utilities to provide a minimum level of kilowatt hours to each residential user at the lowest rate step at which kilowatt hours are sold to any customer.

4. An article condemning the shift of energy sources by industry from oil and gas to electricity, suggesting instead that a lifeline rate procedure be used to raise electric rates to industry so high they would be forced by economic factors to improve their efficiency in the use of oil and gas rather than shift to electricity.

5. Comments on the NRECA resolution urging Congress to break up the monopolistic control of U.S. energy sources by a handful of the nation's huge corporations.

6. A plea for financial contributions to help them in their efforts to reform the electric utility industry of this country.

7. A suggestion that inexpensive hydroelectric power not be sold to industrial customers.

8. An article against fuel adjustment clauses in electric rates.

Now, where do you suppose this same group would stand on a proposal to locate a coal generating plant anyplace in your area, or where would they stand on the proposed amendment to the Clean Air Act that will make it increasingly difficult to locate a coal generating plant in most of the areas of this country, or the construction of a hydroelectric dam? Wouldn't it be nice if there were some way to let these groups live with the results of their proposals without condemning the rest of us to suffer along with them?

for tobacco growers

good news, "bad" news



ABOVE—A distant electric transmission tower seems dwarfed by tobacco plants in a Vance County field. Vance is one of the 11 Eastern North Carolina counties where bulk tobacco barn experiments are being conducted.

We've all heard stories that begin "I've got some good news and some bad news." Well, the story you are about to read is like that except the bad news isn't so bad.

Preliminary experimental findings indicate that bulk tobacco barns **can** be used successfully with off-and-on operation of their circulation systems during the late afternoon and evening without harming the cured leaf.

That's the good news. The bad news, if you want to call it that, is that the results will not be conclusive until after the growing season this year.

In 1975, tests conducted by the North Carolina Agricultural Experiment Station indicated that fan time could probably be reduced by 50 percent or more with no adverse effect on leaf quality.

This summer, agricultural engineers at N.C. State University in cooperation with rural electric cooperatives in Eastern North Carolina, are conducting more extensive tests at 15 farms in 11 counties.

Fans are operating only 40 minutes of every hour from 3 to 6 p.m., with 10-minutes-off and 20 minutes-on during the test hours.

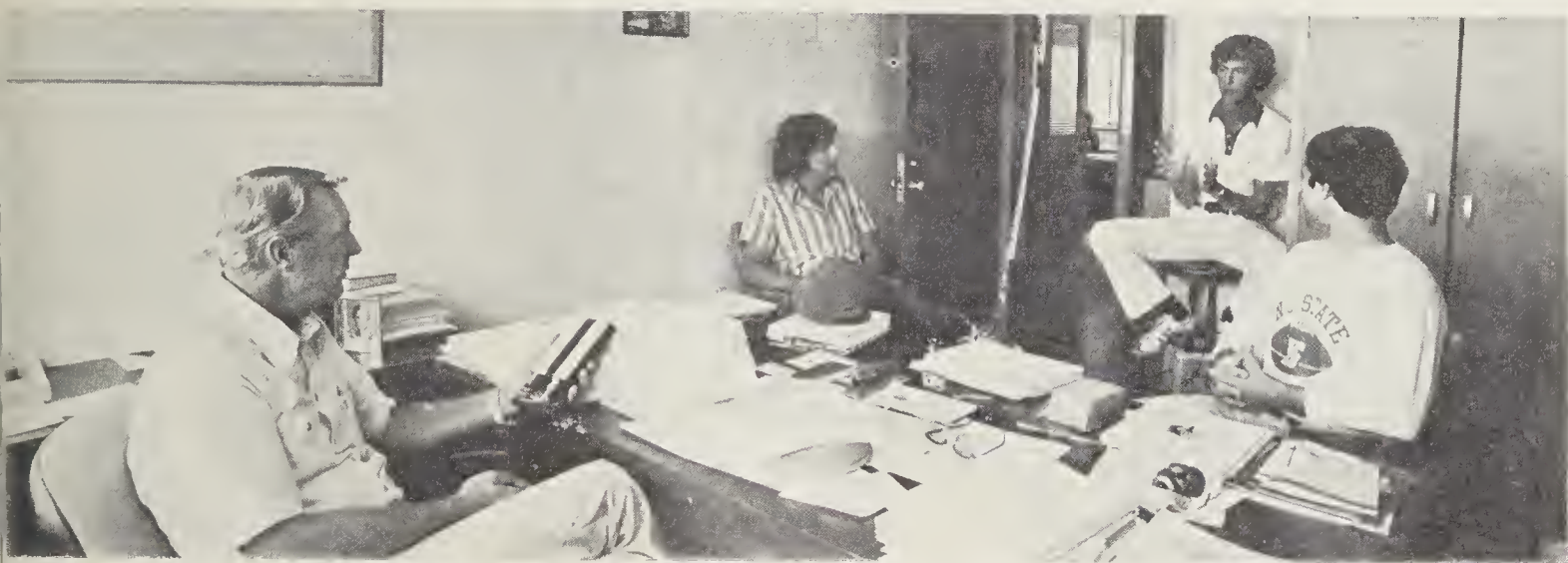
Engineers and farmers are pleased at the results thus far.

Glyn Lewis of the Duars community in Cumberland County saved 60 KWH on his first cure. And Bobby Roberts of Dublin in Bladen County sold his first cure for 99¢ a pound. Robert says he wants to put the timing equipment on all his barns.

Three technicians monitor the test barns at least once each day, checking the curing leaf, the equipment, temperature, humidity, power outages, and KWH consumed.



LEFT—Mechanized tobacco curing barns now handle more than 30 percent of North Carolina's huge tobacco crop. Authorities expect nearly all of it to be cured in bulk barns by 1980. **BELOW**—North Carolina State University Extension Specialist Rupert Watkins (left), heading the experiment, meets weekly with the three technicians who monitor the 15 test barns once every day. They are (clockwise) Gary Roberson, Allan Lomax and Michael Edmonds. **BELOW**—Gary Roberson explains the operation of the timer to Pitt County tobacco grower "Bud" Cobb.



Conclusive results will not be known until after the curing season ends in early Fall when a tobacco grader from the U.S. Department of Agriculture will inspect samples from each of the 15 barns.

But results thus far indicate that at least a partial solution to the electric power demands of bulk barns may be just over the horizon.

If the tested procedures are adopted widely, the power suppliers—primarily the rural electric cooperatives (Electric Membership Corporations)—will see a significant reduction in the overall power demands they face during late afternoon-early evening periods of peak use each summer.

Not only will this save the EMCs money in the long run, it will also mean money in the bank for North Carolina leaf growers.

And that's good news!



Photos & Text by Spencer Carter

Joe and Mary get a Home of their Own

HONEY, I'M SO HAPPY,
THE DOCTOR SAID
THE BABY WILL
BE BORN IN
DECEMBER.



GEE, THAT'S
GREAT. WHAT
A CHRISTMAS
PRESENT
THAT'S
GOING
TO BE!

MOM, JOE AND I
BETTER START
LOOKING FOR A
PLACE OF OUR
OWN.

WE CAN'T KEEP
LIVING WITH YOU
AND DAD ONCE
THE BABY IS
BORN.



SAY, JOE, WHY DON'T
YOU LOOK INTO BUILDING
A HOME ON THE
PROPERTY YOU
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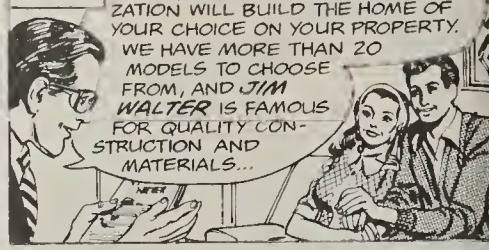
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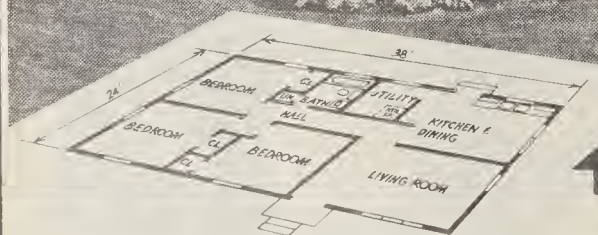


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Tenney Deane, Jr., chairman of the North Carolina Utilities Commission, seated, left, and Dr. Samuel Tuthill of the Federal Energy Administration, sign documents providing the state agency with a \$532,000 grant for peak-load pricing experiments in North Carolina. Looking on are Tar Heel Congressmen James G. Martin, left, and James T. Broyhill.



Federal Grant Awarded For Peak-Load Pricing Studies

Blue Ridge Electric Membership Corporation has been awarded a \$363,000 federal grant for a two-year experiment in the use of time-of-day pricing of power for 150 selected homes throughout its seven-county service area.

The Federal Energy Administration grant will permit the Lenoir-based cooperative to install special metering devices in the test homes as a means of recording the hours during which power is used. Power used during the periods of peak demand will have a higher rate than electricity used during the off-peak periods.

This peak-load pricing system, which is already in use in several other states, usually establishes the higher rate during the daytime hours with the lower rate going into effect at night.

The hours and rates to be used in the Blue Ridge project have not yet been established.

The concept of peak-load pricing has gained popularity within the power field in recent years as a means of spreading out the use of electricity over a longer period each day, and thus, reducing the peak demand. Since generating facilities must be capable of supplying that peak usage, a significant lowering of the peak could reduce the need for new generation capacity.

In the Blue Ridge experiment, the power use patterns of the test homes will be monitored to determine if the peak-load pricing system brings a shift of consumption to the off-peak periods.

The 150 homes are to be randomly selected and participation in the project will not be voluntary, according to Ronn Knouse, manager

of member and public relations at Blue Ridge EMC.

"If the experiment were voluntary, it would severely hamper the reliability of the research," he said. "People who would volunteer would be people whose established lifestyle is conducive to benefitting from peak-load pricing."

He added that the actual experiment is expected to get under way this fall and continue for a full year. During the next nine months, the results of the test will be reviewed and evaluated.

The study will also include a survey of the EMC's industrial customers to see how they would respond to peak-load pricing.

The results of the Blue Ridge study will be shared with other EMCs across North Carolina, said Cecil E. Viverette, executive vice president and manager of Blue Ridge EMC.

He said he believes the project's results will be "most helpful in further evaluating the possible future purchase of generation facilities" for the state's 28 electric cooperatives.

Blue Ridge is expected to contribute \$63,000 in manpower, services and equipment toward the project. However, no new personnel will be hired.

The grant was part of an FEA funding package authorized in July for the State Utilities Commission. The package also included \$535,000 for a similar project by Carolina Power and Light Co. in which 350 residential customers will be studied.

The Utilities Commission had submitted a proposal for these projects and a third experiment by Duke Power Company which received no funds. The North Carolina bid was rated as the third

highest among the 36 submitted to the five-member FEA panel.

The Utilities Commission is serving as coordinator for the two studies, working closely with Blue Ridge and CP&L.

Blue Ridge EMC serves about 33,000 consumer-members in Ashe, Alleghany, Wilkes, Watauga, Caldwell, Alexander and Avery Counties.

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CC-9-76

N.C. Plans 'Sweep' of Flu Shots

Since its identification early this year in New Jersey, "swine flu" has been investigated and tested by scientists across the country. No one knows whether the virus will spread to the general population during the next flu season, which begins in November . . . but many people are preparing for it.

Across North Carolina, local health department personnel are geared to begin mass immunization

of the public this month. According to past records of similar vaccines and recent tests, the new vaccine is believed to be 70-90 per cent effective in protecting against the swine flu.

"We have delivered all the necessary supplies to health departments in each of the 100 counties across the state," said Frank Lewis, coordinator of the state's immunization program. "They are ready to begin the

program as soon as we receive the vaccine."

Lewis expects the vaccine to be delivered from federally-funded drug houses to Raleigh in mid-September. After distribution to the county health departments, immunizations are scheduled to be given in a west-to-east sweep of the state and completed in a maximum of 70 days. The program will be accelerated with the use of 30 jet injectors.

The vaccine will be available free to the public from local health departments and also, for the nominal office visit fee, from private physicians. Full immunization against the swine flu virus will take effect approximately three weeks after an individual has received the vaccination.

The following are answers to the most commonly asked questions about swine flu:

—Can I get swine flu from eating pork?

No. Influenza is spread from person-to-person. The virus is spread through the air when the infected person sneezes or talks. This strain of flu is called "swine" because it is related to an influenza virus found among swine.

—Can I get flu from the vaccine?

No. The flu vaccine contains a virus that has been killed. The vaccine stimulates the production of antibodies in the person, without causing the flu.

—Who should take the flu shots?

The vaccination is especially important for individuals over age 65 and people of any age who suffer from chronic heart disease, lung disease, diabetes mellitus and other metabolic diseases. Tests have shown that adults of 25 years of age or older can be safely and effectively immunized against the flu with a single dose of vaccine, however younger adults and children as young as three years old might need more potent doses to obtain the necessary immunity.

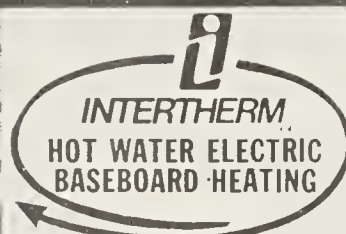
—What are the symptoms of influenza?

Symptoms of influenza often come on suddenly and may include some or all of the following: fever, chills, headache, dry cough, and soreness and aching in the back and the limbs.

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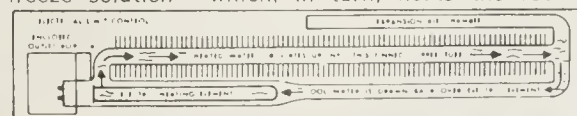
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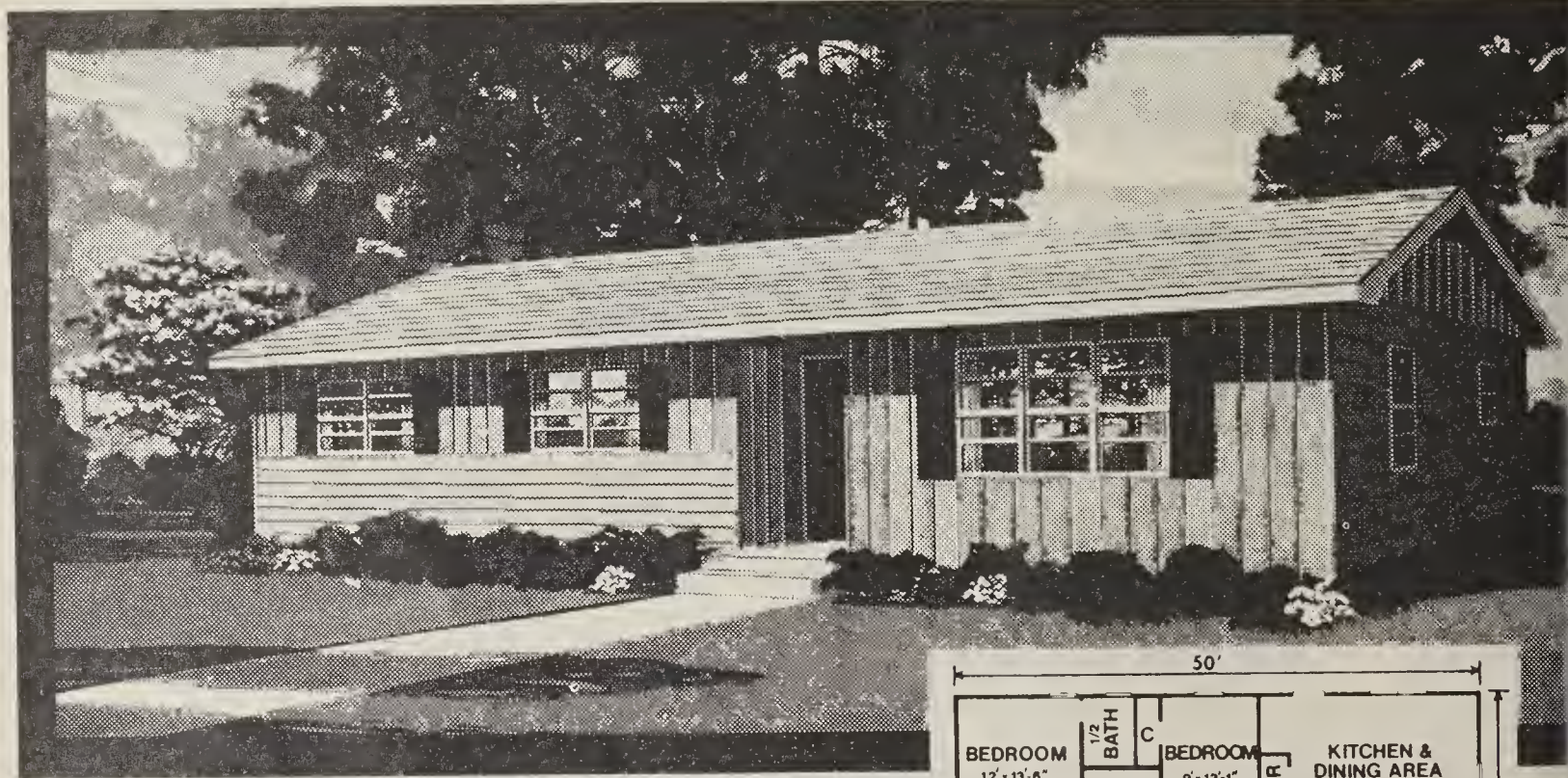
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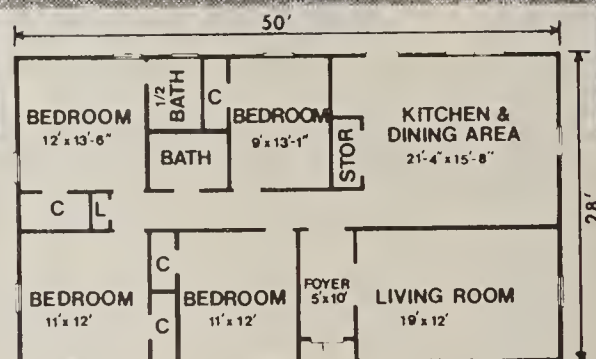
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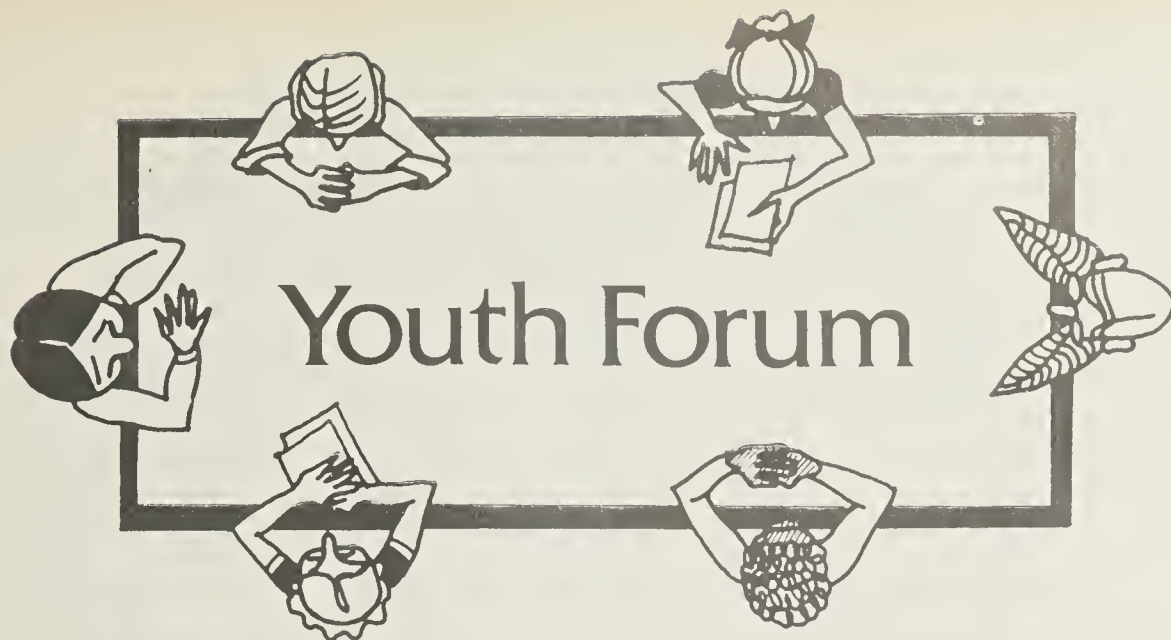
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What can we do about the vandalism in schools today?

"I believe if the teachers became more involved with their students, vandalism may be controlled. At every junior high or high school there will be gangs. The principal, as well as the teachers, should try to stop these gangs by interesting them in other activities such as baseball, basketball, football or tennis. These activities will soon make them forget about the gangs they used to be interested in. And these activities will also encourage the students to become more involved with their school."

Linda Harrell
Rose Hill

Linda is a freshman at E.E. Smith Junior High School. She enjoys baseball, basketball, tennis, football and writing poetry. Her parents, Mr. and Mrs. C.H. Harrell, are members of Four-County EMC.

"Vandalism is a costly problem to our parents and the trend of high taxes will be passed on to us as we become the next generation of responsible adults. I think the majority of students who take part in destruction of school property are the students who are not involved deeply with school activities. Too many times, school newspapers, cheer-leading teams, and various activities are prone to select the children from well-to-do families and children from families which have parents who take part in the school. Therefore they neglect the kids who could perform well if they were from families that could afford the high cost of uniforms, lunches and even the cost of a 'Hardee's' on school trips. It is my belief, that every child should have the means and opportunity to participate, and that the teachers and parents should encourage every child to pursue his own interests. For if a person is busy doing the things he enjoys and feels like he is part of his surroundings, then he won't have time, or be inclined, to be destructive. What can parents, teachers, students do? Get Involved."

Melonie Kay Head
Lenoir

A freshman at Gamewell-Collettsville High School, Melonie's hobbies are music appreciation, gardening and "just having a lot of friends." She and her parents, Mr. and Mrs. Eddie Pritchard, are served by Blue Ridge EMC.

"One thing I think will cut down on vandalism of school property is for the students to have more discipline at home. They should have more respect for the faculty and school property. If a student is caught and punished for vandalism the faculty should not be liable for law suit. Punishment should consist of the students paying for damage, not the parents, plus working after school for a certain amount of time depending upon the cost of damages. I think this might change the attitudes of the students. If this doesn't work, don't get anything fixed and the other students will get mad and report those responsible for the damages!"

Ann Williamson
Mt. Olive

Ann is 15 and a sophomore at North Duplin High School. Her hobbies include all sports, fishing and reading poetry. At school, she is a member of the basketball team, band and Science Club and an officer in the Future Homemakers of America. She and her parents, Mr. and Mrs. James Williamson, are served by Tri-County EMC.

NEXT QUESTION: "What can teenagers do to improve their community?"

If you have a good answer, send it to YOUTH FORUM, Carolina Country, P.O. Box 27306, Raleigh, N.C. 27611 immediately. Tell us a few facts about yourself—your age, school, hobbies, etc. Include your parents' names and the name of the electric membership corporation serving you. If your answer is published, we will send you \$5. If you want to submit a question, send it along and for each one used, the sender will receive a \$5 check.

Wells Assumes Legislative Post

Former State Utilities Commissioner Hugh A. Wells has taken an indefinite leave-of-absence from his post as chief counsel for North Carolina EMC to assist a legislative committee's study of the commission and the state's utilities companies.

Wells became chief counsel for the General Assembly's Utilities Review Committee on Sept. 1.

The committee, which is headed by co-chairmen State Sen. Wesley D. Webster and State Rep. J.P. Huskins, was established by a joint resolution of the 1975 General Assembly to evaluate the operation of Utilities Commission and review activities of the utilities companies serving North Carolina. The committee may also recommend changes in state laws governing utilities.

Wells, who gained a statewide reputation as a consumer advocate while a member of the commission,

will develop studies and analyses needed by the six-member committee.

Wells served on the Utilities Commission for five years prior to joining N.C. EMC in May, 1975.

The departure of Wells from the N.C. EMC staff is not expected to create serious problems for the EMC organization, according to N.C. EMC Executive Vice President Robert N. Cleveland.

"This development comes at an inopportune time for us because we're involved in negotiations with Duke Power Co. regarding the purchase of a portion of a nuclear generating facility and Mr. Wells has been handling those negotiations for us," he said.

"We can appreciate that Mr. Wells is uniquely qualified to assist this

legislative committee in its studies

"N.C.EMC will continue to vigorously pursue the Duke negotiations, using outside counsel

The negotiations in question relate to Duke's proposal to sell the \$1.2 billion Catawba Nuclear Station to its wholesale customers, including the EMCs and municipal power systems in the two Carolinas. The 2,300 megawatt plant is now under construction on Lake Wylie in York County, S.C.

Cleveland said N.C.EMC and Duke officials will continue formal negotiations on this project.



Hugh Wells

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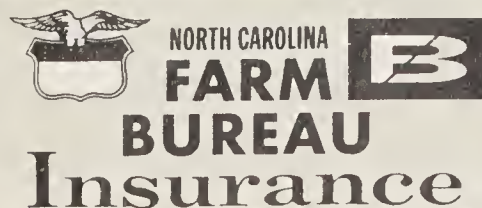


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Poet's Corner

Is That Lemon?

The lemon trees are putting out
a blooming crop this year.
And I contribute my fair share
of consumer's interest there.
When I get up each morning
with sleepy eyes and face
I wash them up with lemon soap
and then begin my pace.
I wash the breakfast dishes
with lemon-scented Joy
And mop the floors with Mr. Clean
he's my lemon boy.
I scour the tub with lemon scrub
and lemon fresh the air
And then I finally finish up
when I lemon spray my hair.
A drop of lemon in my tea
and lemon bake a cake
Then slice a lemon, crush a lemon
for a tender steak.
It used to be a pine-scent world
but now, I do declare!
The only thing you smell these days
is LEMONS everywhere!

**Elizabeth R. Dalton
Sparta**

(Ed. note: This poet also contributed a poem to our July issue entitled, "A Memory." Though we misspelled her name then, we must now wipe the "lemon pie" off our faces: The poet is not Elizabeth R. Walter, but Elizabeth R. Dalton.)

Farm Work

Of all the work we have found
This is harder on the ground.
Tobacco beds to clear and sow,
Spray weed killer against the foe.
Water plants, plow them well,
Chop the grass so none can tell.
Next spray poison to kill worms,
Making the leaf nice and firm.
Take off all the sucker sprouts;
After the spray control for doubt.
Longing for lots of rain
To make the leaves spread and gain.
Fix the sleds, clean out barns,
Check flues, to do no harm.
Speak for help, buy the thread,
All get ready to stoop and dread.
Leaves to loop, cook to a gold
So the buyer will not find mold.
Take out when cool and soft
Place it down in a loft.
When spare time comes,
Take out again,
Place on a table to raise and fan.
Take it off to market to buy
So tired and sleepy, wonder why?
Try this work on the ground,
You'll find it's worth a dollar a pound.

**Lomie McNeill
Broadway**

A message to our poets: We want to know more about you. Why not tell us a little about yourself when you send in your entry to "Poet's Corner?" How long have you been writing poetry? Is it a pastime? What other work do you do? Give our readers a chance to find out more about you . . . and maybe, your poetry.

Calling all North Carolina Gourmets . . .

Recipes for a new bookbook will be accepted for just a short time longer . . . so hurry! If you'd like to share your unpublished recipe, send it immediately and join some of Carolina's best in a new culinary collection that will appetize the palate and sweeten the family table.

Submit your recipe today! Here's how it works:

All recipes submitted must be legibly printed or typed.

Only one recipe per person will be accepted.

Include your name and complete address.

Double check carefully all measurements and ingredients.

**This done, drop your favorite recipe in the mail today to:
COOKBOOK, Carolina Country, P. O. Box 27306, Raleigh, N.C.
27611.**

Cheer!

This is the season of the Open Mouth, when political candidates brush their teeth before every speech and we cannot distinguish the gurgle of their gargle from the growl of their context.

A Sunday school teacher asked her young class how Noah spent his time on the ark. As there was no response, she asked: "Do you suppose he did a lot of fishing?"

"What!" said a 6-year-old boy. "With only two worms?"

A young man was receiving some hardheaded advice from an uncle who declared: "Yes, Tommy, fools are certain; wise men hesitate."

"Are you sure, Uncle John?" Tommy asked.

The uncle replied, "Yes, my boy, I'm certain of it."

When the first grade student came home, the mother asked, "What did you learn in school today?"

The lad replied, "I learned that 2 and 4 make 9."

"But that's wrong," the mother protested.

"Well, in that case," said the son, "I didn't learn anything."



"Alright, Emily, we'll show your picture to Mother when she gets here. . . however, I hope you'll have a better job next time."



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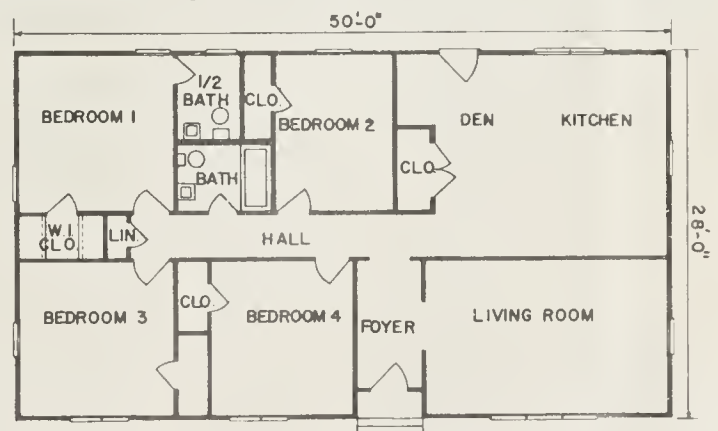
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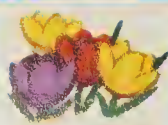
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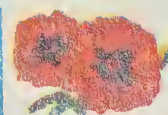
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